

Friday 30<sup>th</sup> January 2026

Dear Parents and Carers,

**Year 3 Healthy Snack Making Day – Monday 9<sup>th</sup> February 2026**

As part of our Design Technology Learning Unit, the children will be designing and making healthy snacks. We will be completing this as part of a D&T day where the children will have the opportunity to make, taste and evaluate their own snack designs.

The children will be sampling a small part of their snack during the day but will be bringing the remainder home with them for you to see. **This will not replace their lunch at 12:00pm.** Therefore, please ensure that you provide your child with a packed lunch or order a school dinner, as usual.

Your child will be coming home with a list of ingredients they would like to use to create their healthy sandwich as soon as possible and prior to the day.

We hope that you will be able to support us by providing your child with the ingredients needed to make their snack. They will need to bring these in to school on the morning of Monday 9<sup>th</sup> February 2026.

We do ask please, that all ingredients are clearly labelled with your child's name and class, and are stored in appropriate containers, with a small cool pack if needed to keep any particular ingredients fresh. Please could we also request that your child brings in an additional, named, container so they can bring their snack home.

The children will be learning how to cut ingredients safely so please, no pre-sliced items. All utensils will be provided by the school, however, please could your child bring in either an apron or an old, clean shirt to protect their clothes.

If your child has any allergies, which school are aware of, then this information has already been shared with class teachers. If you have any queries regarding this, please discuss with your child's class teacher.

**It is essential that all ingredients that you supply are nut free.**

Thank you in advance for your continued support.

Kind regards,

The Year 3 Team