

WEEK 1



YOUR SCHOOL MENU

APRIL – OCTOBER 2025



Hampshire County Council

Education Catering

Fresh vegetables will change seasonally and may not be shown in the photo.

MONDAY

CHOOSE FROM
Veggie bolognese pasta **Vg**



Chicken Katsu curry and rice



ON THE SIDE
Vegetables or salad

TO FINISH
Shortbread

TUESDAY

CHOOSE FROM
Vegetarian sausage roll with crinkle cut wedges **V**



Ham carbonara with pasta



ON THE SIDE
Vegetables or salad

TO FINISH
Fruit, mousse or jelly

WEDNESDAY

CHOOSE FROM
Cheese and tomato pizza **V**



Sweet sticky chicken with rice



ON THE SIDE
Vegetables or salad

TO FINISH
Rice crispy cake

THURSDAY

CHOOSE FROM
Plant-based sausage and Yorkshire pudding **V**



Sliced beef and Yorkshire pudding



ON THE SIDE
Roast potatoes, gravy and vegetables

TO FINISH
Fruit, mousse or jelly

FRIDAY

CHOOSE FROM
Cheese and onion quiche **V**



Fish fingers



ON THE SIDE
Chips, vegetables or salad

TO FINISH
Sticky ginger sponge



FOOD TO FLOURISH®

WEEK STARTING:

5 May, 2 June, 23 June, 14 July, 8 September, 29 September, 20 October



All menu items are subject to change, based upon availability and in the event of unforeseen circumstances.

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V Vegan **Vg** Vegetarian

WEEK 2



YOUR SCHOOL MENU

APRIL – OCTOBER 2025



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MONDAY

CHOOSE FROM
Plant-based sausage hotdog
and diced potatoes



Chicken curry and rice



ON THE SIDE
Vegetables or salad

TO FINISH
Goopy chocolate pudding

TUESDAY

CHOOSE FROM
Veggie lasagne



Pork sausages with
mash and gravy



ON THE SIDE
Vegetables or salad

TO FINISH
Fruit, mousse or jelly

WEDNESDAY

CHOOSE FROM
Cheese and tomato pizza



Bubble salmon and crinkle
cut wedges



ON THE SIDE
Vegetables or salad

TO FINISH
Chewy honey cookie

THURSDAY

CHOOSE FROM
Quorn pieces in a Yorkshire
pudding



Sliced chicken and
Yorkshire pudding



ON THE SIDE
Roast potatoes, gravy and
vegetables

TO FINISH
Fruit, mousse or jelly

FRIDAY

CHOOSE FROM
Sweet potato and lentil
curry and rice



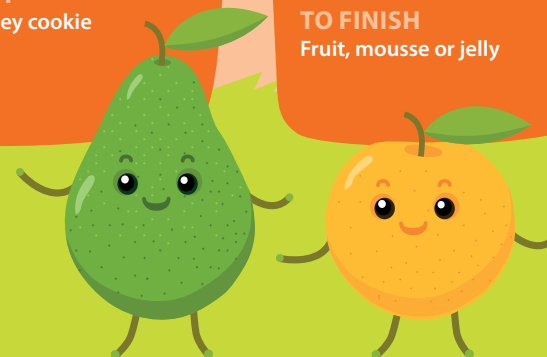
Fish fingers and chips



ON THE SIDE
Vegetables or salad

TO FINISH
Lemon drizzle sponge

**FRESH
FRUIT
SERVED
EVERY DAY**



WEEK STARTING:

21 April, 12 May, 9 June, 30 June,
21 July, 15 September, 6 October

**FOOD TO
FLOURISH®**

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Vegan Vegetarian

WEEK 3

YOUR SCHOOL MENU APRIL – OCTOBER 2025



Hampshire
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Education Catering

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MONDAY

CHOOSE FROM
Macaroni cheese **V**



Beef chilli with rice and
tortilla chips



ON THE SIDE
Vegetables or salad

TO FINISH
Chocolate brownie

TUESDAY

CHOOSE FROM
Veggie cottage pie **Vg**



Chicken nuggets and
diced potatoes



ON THE SIDE
Vegetables or salad

TO FINISH
Fruit, mousse or jelly

WEDNESDAY

CHOOSE FROM
Vegetable and bean burrito **Vg**



Tangy BBQ sauce pizza topped
with chicken



ON THE SIDE
Vegetables or salad

TO FINISH
Jammy shortbread biscuit

THURSDAY

CHOOSE FROM
Quorn and leek pastry crown **V**



Sliced pork and Yorkshire
pudding



ON THE SIDE
Roast potatoes, gravy and
vegetables

TO FINISH
Fruit, mousse or jelly

FRIDAY

CHOOSE FROM
Cheese and potato frittata **V**



Fish fingers



ON THE SIDE
Chips, vegetables or salad

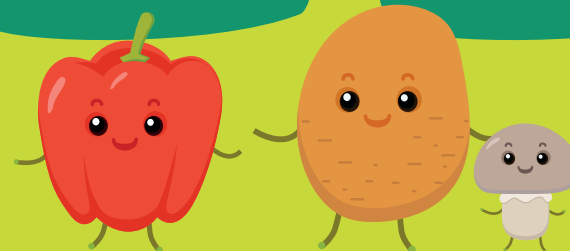
TO FINISH
Toffee apple sponge



WEEK STARTING:

28 April, 19 May, 16 June, 7 July,
1 September, 22 September, 13 October

FOOD TO
FLOURISH®



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V Vegan **Vg** Vegetarian

YOUR SCHOOL JACKET POTATO MENU



Hampshire
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All served with vegetables of the day or salad and dessert of the day

MONDAY

Tuna Mayonnaise

TUESDAY

Baked Beans

WEDNESDAY

Cheddar Cheese

THURSDAY

Baked Beans

FRIDAY

Cheddar Cheese



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YOUR SCHOOL PICNIC MENU

Solent Infant School

From 22nd April 2025

MONDAY

Ham Roll

Served with Cucumber Sticks, Fruit and Pudding

TUESDAY

Cold Tomato Pasta Pot

Served with Carrot Sticks, Fruit and Pudding

WEDNESDAY

Tuna Mayonnaise Roll

Served with Cucumber Sticks, Fruit and Pudding

THURSDAY

Cold Tomato Pasta Pot

Served with Carrot Sticks, Fruit and Pudding

FRIDAY

Cheddar Cheese Roll

Served with Cucumber Sticks, Fruit and Pudding

DRINKING WATER AVAILABLE WITH ALL SCHOOL LUNCHES

**ALL SERVED
WITH VEGETABLE
STICKS AND
FRESH FRUIT
WEDGES**

**PLUS
DESSERT
OF THE DAY**



f /hc3seducation

