

Physical Education And Sport Premium

Background

Playing sport helps to keep people healthy and is good for communities. Playing sport at school or in a local club is also the first step to competition at the highest level, which helps improve our reputation as a sporting nation, and contributes to economic growth.

When people leave school they often stop playing sports, which means they can't fulfil their sporting potential, and this can lead to a less healthy lifestyle. The government wants to get more people playing sport safely from a young age, and help them keep playing sport throughout their life, no matter what their economic or social background.

The London bid for the 2012 Olympic and Paralympic Games was made partly so that its legacy would inspire young people to play more sport. Schools must use the funding to make additional and sustainable improvements to the quality of PE and sport.

The DFE guidelines state that schools should use the premium in order to:

- develop or add to the PE and sport activities that your school already offers
- build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years

There are 5 key indicators that schools should expect to see improvement across:

- the engagement of all pupils in regular physical activity the Chief Medical Officer guidelines recommend
 that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of
 which 30 minutes should be in school
- the profile of PE and sport is raised across the school as a tool for whole-school improvement
- increased confidence, knowledge and skills of all staff in teaching PE and sport
- broader experience of a range of sports and activities offered to all pupils
- increased participation in competitive sport

Last year's P.E premium allocation was £19650 and for 2020-2021 we have been allocated: £19620

PE at Solent Junior School

Physical education is vital in its contribution to a pupil's physical and emotional development and health. The aims and objectives of the PE curriculum are to focus on the mastery of key skills including: co-ordination and control of the body, maintenance and improvement of mobility and flexibility, maintenance and improvement of strength and fitness, and development of the capacity to sustain exercise; in addition to promotion of an understanding of the many benefits of exercise for psychological well-being.

The Physical education curriculum aims to provide a systematic programme which contains a balance of individual, paired, group, team, cooperative and competitive activities which will develop pupil's self-confidence through an ability to manage themselves in a variety of situations. This programme is based upon progressive learning objectives that, combined with varied and flexible teaching styles, endeavour to provide stimulating, challenging and enjoyable learning situations for all pupils. Physical education is considered as a vehicle to facilitate access to cross-curricular themes rather than a subject concerned exclusively with the acquisition of motor skills and techniques.



PE and Sport Premium Spend and Analysis

Over the next few pages you will find an action plan and review document. This document outlines the way in which Solent Junior School has spent the PE and Sport Premium to meet the aims outlined on page one. This money makes a significant difference to the way in which our pupils, both today and in the future, become engaged in Sport and PE. This is clearly demonstrated by the impact that is identified in the document.

2020-2021

Predicted	P.E premium priorities	Impact	2019-2020	Intended future
Cost	for 2020-2021			provision
£1000	Pupil achievement and progress: For pupils of all abilities to be fully engaged in P.E and making secure and sustained progress throughout the school.	Children across the school will make good progress across all areas of the P.E curriculum, with those who are gifted and talented, being identified for competitive opportunities to extend their skills and enthusiasm further.	Reports sent home with RAG rating to show ability and effort For indoor P.E Lead Teacher 1 began referring to the Real P.E assessment Cog within her lessons and using a mixture of assessment tools from the P.E suite and Real P.E Class teachers trialled an assessment grid in their Games lessons which helped make them more aware of the range of objectives within each area of P.E. This was recorded on an excel spreadsheet and will continued to be developed next	Lead Teacher 1 to give staff training on how to use the P.E suite resources to support their teaching of Games lessons. PE and Sport Lead to continue to develop the excel tracking and assessment document, using Chris Quigley assessment objectives to add to those already included.
			year.	
Cost:	Teaching and learning,	Pupils should be	Lead Teacher 1 has	Due to Covid
	assessment and	challenged,	become more	restrictions, and our
	planning	supported where	familiar with Real	risk assessment not
	pianning	supported where	Tamiliar with Keal	risk assessment not



To maintain and improve PE resources and equipment. Review of current planning to ensure progression across the school. Informal observations of teachers to identify areas of strength and weakness across the school and therefore to inform future CPD. To ensure P.E planning is accessible to all teachers, enabling them to confidently deliver a challenging and progressive curriculum regardless of their own personal sporting ability.

necessary and fully engaged in lessons.

Pupil feedback about their learning should be positive, with children keen to take part in additional physical activity. Gym and is focussing more on fundamental movement skills as well as the cognitive cogs of P.E

2 teachers worked alongside a Premier sport member of staff to team teach, assess and plan Games lessons. (More had been planned but didn't not go ahead due to lockdown).

Teachers reported an increase in confidence when teaching and reported that the children had become more engaged in their learning.

allowing us to invite external staff site, we plan to use our P.E premium more on developing our playground, to allow pupils to be outside in their bubbles as much as possible. Therefore, our planned allocation of money to CPD is less than it has been in previous years.

Overall prediction: £16,000

Playgroun d resources cost

P.E resources cost Inclusion, engagement and school culture

Introduce brain breaks and active learning opportunities in the form of 'activate' and other resources to increase the amount of time children are active for.

A significant amount of our money will be spent redesigning our outdoor space to Pupils are regularly engaged in at least 30 minutes of moderate to vigorous daily activity in school (during lessons, as well as break times). This helps to ensure pupils are happy and healthy.

The golden mile has been implemented across the school with class teachers finding time at least once a week for their pupils to see how many laps of the playground they can run in an allotted time. The data is inputted by sports leaders with a winning class and pupil being announced weekly.

We will compile a list of websites and resources for teachers to use in order to help pupils have an active day.

Explore course and training available to midday assistants so that they can deliver active lunch time sessions for pupils across the school.

We will enlist a playground design



	ensure that children are still able to spend as much time outside and as active as possible despite the limitations/restrictions imposed by having class bubbles and pupils not being allowed to mix.			company to provide a free consultation in order to adapt our playground to ensure it is the most Covid-friendly as possible and that pupils are able to be as active as possible, engaging in their P.E lessons and being outside as much as possible (e.g. artificial playing surfaces such as Astroturf, artificial grass or 3G pitches, as well as a more shelters available (one per class bubble) and clearer zones/areas to keep children within their bubble.
Overall	Staff training and	Staff should be		
Predictio	support:	both confident	All members of the	P.E leads continue
n: £2000		and competent to	P.E leadership team	to keep abreast of
	Following a new	lead all relevant	x3 have attended	new guidance
Cost of	structure to Solent's	areas of their P.E	relevant training	within P.E and are
Cost of courses	PPA timetable, one of	curriculum in order for pupils to	and feel confident to guide other staff	able to disseminate relevant
courses	our lead teachers, will deliver indoor P.E	make good	in their delivery of	information to the
	lessons across the	progress, enthuse	P.E.	rest of the staff.
	school. (This has its	about sport and		
Cost of	advantages in ensuring	remain, safe, fit		Once the course
supply	progression is evident in	and healthy.		information is
	planning/teaching and			published, following an audit
	that assessment			of staff's P.E skills
	judgements are			and perceived areas
	consistent). Outdoor P.E lessons will continue			for development,
	to be taught by class			the relevant
	teachers to ensure they			members of staff
	do not become			will be sent on courses to support
	deskilled. Lead Teacher			their delivery of P.E
	1 will attend Real Gym			



	courses to explore how these resources and ideas can strengthen our curriculum. An audit of staff's perceived strengths and next steps will be conducted. Staff will then be booked on to relevant courses when			
Overall prediction: £1000 Cost of Premier Sport boys' football Cost of caretaker overtime and minibus (to get to competitions)	Enrichment opportunities To continue to provide a range of extra-curricular sporting clubs and activities, as well as to ensure a high level of pupil participation in, and enthusiasm for, these opportunities.	Pupils of all background and abilities are able to access free sporting clubs where they can develop their skills and interests in a particular sport. Access to sports clubs will increase the likelihood of pupils becoming active and moving away from a sedentary lifestyle.	Solent offered the following free extra curricular clubs last year: Girls' football Boys' football Hockey Netball Tag rugby (for a limited time) Paid clubs included: Get kinected runs a keep fit and active club for a fee. Premier Sport offered a multi sports.	This will be dependent on Covid and when inter school competitions are re-started. In the meantime, during PPA lessons, the whole school is involved in virtual competitions organised by the Hampshire School Games committee with top scores being emailed off to the organiser.
	Whole school advocacy and impact To retain the Platinum kitemark.	The kitemark criteria provides clear, measureable steps to ensure we are delivering a successful P.E entitlement to all our pupils. It also helps to ensure that the wider school community is involved in	Having achieved 4 consecutive Gold kitemark awards, Solent was delighted to earn the Platinum kitemark for the 2017/2018 year.	To retain the platinum kitemark.



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encourage our least Girls' football league.		•			
in sporting activities and				.cagac.	
clubs.		_			
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pupils in year 6 are rescue when left Solent having booked so that	•	•	•		
		• • •			these pupils can be
Swimmin additional swimming water. They Swimming KS2 coached in small	Swimmin			Swimming KS2	• •
g coaches lessons will be should leave requirements. groups to develop	g coaches	•	_		groups to develop
timetabled in for these primary school both their		timetabled in for these	primary school		_



	pupils. (Minibus costs,	being able to swim	Unfortunately, due	confidence and skill
Supply	staffing, venue	25m competently,	to lockdown, pupils	in water.
cost to	hire/swimming teacher	proficiently and	were unable to take	
release	costs).	confidently and	part in top up	
staff to		able to perform a	swimming lessons.	
accompan		range of strokes.		
y children				
Transport				
cost				
Pool Hire				

Analysis of spending for 2019-2020

Cost	P.E premium priorities for 2019 -2020	Impact	Outcome/success
	Pupil achievement and progress: For pupils of all abilities to be fully engaged in P.E and making secure and sustained progress throughout the school.	Children across the school will make good progress across all areas of the P.E curriculum, with those who are gifted and talented, being identified for competitive opportunities to extend their skills and enthusiasm further.	Assessment data up until lockdown demonstrated that pupils across the school were making good progress. Pupil interviews demonstrated that pupils of all ability feel they are challenged and supported at an appropriate level. They enjoy their P.E lessons.
Cost:	Teaching and learning, assessment and	Pupils should be challenged, supported where necessary	The two teachers who received team teaching support from
Cost of Premier Sport staff for CPD –	planning To maintain and improve PE resources and equipment. Review of current planning to ensure	and fully engaged in lessons. Pupil feedback about their learning should be positive, with children keen to take part in additional physical	Premier sport reported an increase confidence and understanding of how to deliver and assess a P.E lesson. Our PPA Gym teacher received
working alongside teachers to	progression across the school.	activity.	Gym CPD which enabled a group of year 3 pupils to learn a routine



leaders and

after school club

change 4 life (external or internal to

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plan, teach and assess Games.	Informal observations of teachers to identify areas of strength and weakness across the school and therefore to		and represent the school at a competitive level.
Gym course: £250	inform future CPD. To ensure P.E planning is accessible to all teachers, enabling them to confidently deliver a challenging and progressive curriculumregardless of their own personal sporting ability. Year 3 staff alongside P.E lead, will observe a Real P.E specialist deliver sessions to classes, focussing on fundamental skills to see how the philosophy of real P.E can be implemented in outdoor Games lessons as well as Gym lessons.		
P.E resources cost: £2427.96	Inclusion, engagement and school culture Continue to promote the golden mile so that all classes and pupils across the school are having their golden mile data logged weekly. Sports leaders' roles to become more clearly defined and purposeful (with children attending training and being able to lead lunch time activities.)	Pupils are regularly engaged in at least 30 minutes of moderate to vigorous daily activity in school (during lessons, as well as break times). This helps to ensure pupils are happy and healthy.	Golden mile Data showed that up until lockdown, pupils across all classes completed a minimum of a mile a week. 2 Teachers attended an 'Active Maths and English' course and gained activity ideas for how to make children more active during these lessons, to avoid children having a sedentary life style. (We hope to develop this further by buying into the active Maths and English learning website at some point in the future).
£700 = sports	Pupils who are not currently involved in an		Out of the children who were identified as least active 100% of

pupils attended at least 4/5 of



			1
lunch time	school), will be		the change 4 life clubs during
club –	monitored and		the half term they were invited.
supported	encouraged to become		
by Premier	more involved in sports		
Sport Staff.	by being given a		
Sport Starr	personal invite to the		
	change 4 life club		
	organised by the sports		
	leaders.		
Cost:	Staff training and	Staff should be both	The two teachers who received
	support:	confident and competent to	team teaching support from
£80 – EVC		lead all relevant areas of	Premier sport reported an
refresher	Following a new	their P.E curriculum in order	increase confidence and
training	structure to Solent's	for pupils to make good	understanding of how to deliver
	PPA timetable, one of	progress, enthuse about	and assess a P.E lesson.
	our lead teachers, will	sport and remain, safe, fit	
	deliver indoor P.E	and healthy.	Our PPA Gym teacher received
	lessons across the	-	Gym CPD which enabled a group
	school. (This has its		of year 3 pupils to learn a routine
	,		and represent the school at a
	advantages in ensuring		competitive level.
	progression is evident in		competitive level.
	planning/teaching and		
	that assessment		
	judgements are		
	consistent). Outdoor		
	P.E lessons will continue		
	to be taught by class		
	teachers to ensure they		
	do not become		
	deskilled. Lead Teacher		
	1 will attend Real Gym		
	courses to explore how		
	these resources and		
	ideas can strengthen		
	our curriculum.		
	An audit of staff's		
	perceived strengths and		
	next steps will be		
	conducted. Staff will		
	then be booked on to		
	relevant courses when		
	they become available.		
£1440 = boys	Enrichment	Pupils of all background and	We aim to continue to provide
football club	opportunities	abilities are able to access	pupils will a range of after
			J



- Premier sport £6401.08 Cost of caretaker overtime and minibus (to get to competitions)	To continue to provide a range of extra-curricular sporting clubs and activities, as well as to ensure a high level of pupil participation in, and enthusiasm for, these opportunities. Whole school advocacy	free sporting clubs where they can develop their skills and interests in a particular sport. Access to sports clubs will increase the likelihood of pupils becoming active and moving away from a sedentary lifestyle. The kitemark criteria	school clubs run by Solent staff as well as external providers. We hope that at least 80% of pupils will regularly attend an after school club. As part of a new initiative, all staff were required to run a club for a minimum of 5 weeks. All staff clubs scheduled for before lockdown went ahead as planned with high attendance. Year 3 pupils had the option to sign up for 'hockey heroes', which was led by a level 4 hockey coach. The kitemark was put on hold
	and impact To retain at least a gold level Sainsbury's kitemark in recognition of our P.E provision and Solent, with the hope of gaining a platinum award this year.	provides clear, measureable steps to ensure we are delivering a successful P.E entitlement to all our pupils. It also helps to ensure that the wider school community is involved in helping to achieve it.	due to lockdown.
Change4life training cost and transport/su pply cover Golden mile resources	Health and Wellbeing To develop external sporting links with other organisations so that Solent staff can develop their teaching skills and pupils can benefit from opportunities outside of the school day.	Pupils should be conducting a minimum of 30 active minutes within school and 30 active minutes outside of school in order to lead a healthy lifestyle.	We continued to work alongside a level 4 (national level) coach from City of Portsmouth Hockey club to develop hockey coaching at Solent. Year 6 pupils took part in 2 wellbeing workshops led by a former parent. They developed mindfulness strategies to deal with stress and anxiety.
£270 = competition fees	Competitive opportunities To ensure the skills of the most able and talented pupils are further developed through external competitive opportunities.	Pupils have a context for their learning and can apply their skills. Pupils become inspired to want to pursue particular sports at a higher level. As a result, pupils are more active and lead fitter and healthier lifestyles.	Solent hockey team won all their matches, were crowned Portsmouth school champions at the league, festival and tournament and qualified for the Hampshire Games. (Unfortunately the Hampshire games couldn't go ahead due to lockdown).



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Cost: £1360 (Minibus hire for swimming lessons)	To develop competition at an intra-school as well as inter-school level (end of unit competitions during the school day, as well as after school competitions). To support and encourage our least active pupils to engage in sporting activities and clubs. Swimming Having identified which pupils in year 6 are unable to swim 25m, additional swimming lessons will be timetabled in for these pupils. (Minibus costs, staffing years)	All pupils should be capable of self-rescue when immersed in water. They should leave primary school being able to swim 25m competently, proficiently and confidently and able to perform a range of strokes.	By recording those children who were being selected for competitions on a spreadsheet, it was easier to target a range of children so that more pupils were involved. During lockdown, Solent continued to promote the School Games challenges and submitted their scores each week. We were awarded a participation certificate for our work to continue promoting P.E during lockdown. Using a mixture of parent and teacher assessment 15 year 6 pupils were identified as not currently having met the ks2 swimming requirements. 83% of pupils did achieve the KS2 swimming requirements.
	pupils. (Minibus costs, staffing, venue hire/swimming teacher costs).	perform a range of strokes.	Unfortunately, due to lockdown, the year 6 top up swimming was unable to go ahead but year 3 swimming did go ahead.

Analysis of 2018-2019 P.E premium spending

Cost	P.E premium priorities	Impact	Outcome Success
	for 2018-2019		
	Pupil achievement and	Children across the school	P.E suite resources are regularly
P.E suite cost:	progress:	will make good progress	being used by Lead Teacher 1 in
£1580	For pupils of all abilities	across all areas of the P.E	indoor P.E lessons.
	to be fully engaged in	curriculum, with those who	
	P.E and making secure	are gifted and talented, being	
	and sustained progress	identified for competitive	
	throughout the school.	opportunities to extend their	
		skills and enthusiasm further.	



Cost of Premier Sport staff for CPD – working alongside teachers to plan, teach and assess Games = £4060

Teaching and learning, assessment and planning

To maintain and improve PE resources and equipment. Review of current planning to ensure progression across the school. Informal observations of teachers to identify areas of strength and weakness across the school and therefore to inform future CPD. To ensure P.E planning is accessible to all teachers, enabling them to confidently deliver a challenging and progressive curriculum - regardless of their own personal sporting ability. Year 3 staff alongside (P.E lead), will observe a Real P.E specialist deliver sessions to classes, focussing on fundamental skills to see how the philosophy of real P.E can be implemented in outdoor Games lessons as well as Gym lessons.

Pupils should be challenged, supported where necessary and fully engaged in lessons.

Pupil feedback about their learning should be positive, with children keen to take part in additional physical activity.

6 members of staff received CPD in the form of team teaching alongside Premier Sport staff.

All staff reported an increase in confidence when delivering Games lessons. Pupils were engaged during lessons and developed a strong relationship with the Premier Sport staff.

P.E resources cost: £961.90

Inclusion, engagement and school culture

Continue to promote the golden mile so that all classes and pupils across the school are having their golden mile data logged weekly.

Sports leaders' roles to become more clearly defined and purposeful (with children attending training and Pupils are regularly engaged in at least 30 minutes of moderate to vigorous daily activity in school (during lessons, as well as break times). This helps to ensure pupils are happy and healthy.

MC trained up 12 new Change4life leaders who were able to work alongside a Premier Sport member of staff to deliver a lunchtime club aimed at the least active pupils across lower school.

Bikeability was deferred to the following year due to lack of available dates.



Cost of courses, Hampshire P.E conference = £130 Cost of supply = £503.94	being able to lead lunch time activities.) Pupils who are not currently involved in an after school club (external or internal to school), will be monitored and encouraged to become more involved in sports. Staff training and support: Following a new structure to Solent's PPA timetable, one of our lead teachers, will deliver indoor P.E lessons across the school. (This has its advantages in ensuring progression is evident in planning/teaching and that assessment judgements are consistent). Outdoor P.E lessons will continue to be taught by class teachers to ensure they do not become deskilled. J. Brooke will attend Real Gym courses to explore how these resources and ideas can strengthen our curriculum. An audit of staff's	Staff should be both confident and competent to lead all relevant areas of their P.E curriculum in order for pupils to make good progress, enthuse about sport and remain, safe, fit and healthy.	PE Lead attended the Hampshire P.E conference and gained a range of new teaching ideas and trial interactive resources which will in enhance our curriculum.
	Gym courses to explore how these resources and ideas can strengthen our curriculum.		
	Enrichment opportunities	Pupils of all background and abilities are able to access free sporting clubs where	Boys' football club was well attended throughout the year.



Cost of Premier Sport boys' football= £1380 Cost of caretaker overtime to transport pupils to competitions: £100 Midas training for KP, EB, TD, LW = £330 Minibus expenses = £5655.59	To continue to provide a range of extracurricular sporting clubs and activities, as well as to ensure a high level of pupil participation in, and enthusiasm for, these opportunities.	they can develop their skills and interests in a particular sport. Access to sports clubs will increase the likelihood of pupils becoming active and moving away from a sedentary lifestyle. Staff polo shirts to be purchased in order to create a positive and united ethos when delivering P.E lessons in school and to show pride in our school when taking pupils to events.	
Staff polo shirts = =£288.80	Whole school advocacy and impact To retain at least a gold level Sainsbury's kitemark in recognition of our P.E provision and Solent, with the hope of gaining a platinum award this year.	The kitemark criteria provides clear, measureable steps to ensure we are delivering a successful P.E entitlement to all our pupils. It also helps to ensure that the wider school community is involved in helping to achieve it.	
Cost: Change4life training, stay active course (for sports leaders to engage least active): £1200 Golden mile resources	Health and Wellbeing To develop external sporting links with other organisations so that Solent staff can develop their teaching skills and pupils can benefit from opportunities outside of the school day.	Pupils should be conducting a minimum of 30 active minutes within school and 30 active minutes outside of school in order to lead a healthy lifestyle.	All classes completed the golden mile at least once per week, with children showing a greater enthusiasm for wanting to take part.
Cost: Cost of supply for staff to accompany pupils to competitions: £430 Portsmouth Schools' Competition fees: £450	Competitive opportunities To ensure the skills of the most able and talented pupils are further developed through external competitive opportunities. To develop competition at an intraschool as well as inter-	Pupils have a context for their learning and can apply their skills. Pupils become inspired to want to pursue particular sports at a higher level. As a result, pupils are more active and lead fitter and healthier lifestyles.	Competition success: 1. Tag rugby champions, 2. Hockey league champions and Portsmouth representatives at the Hampshire Games. 3. Year ¾ Aqua splash bronze medallists 4. Year 4/5 boys football champions

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	school level (end of		
Portsmouth	unit competitions		
football	during the school day,		
association: £95	as well as after school		
	competitions).		
Medals/trophies:	To support and		
£484.83	encourage our least		
	active pupils to engage		
	in sporting activities		
	and clubs.		
Cost:	Swimming	All pupils should be capable	
Transport for	Having identified which	of self-rescue when	
swimming: £1360	pupils in year 6 are	immersed in water. They	
	unable to swim 25m,	should leave primary school	
Pool hire: £1008	additional swimming	being able to swim 25m	
	lessons will be	competently, proficiently and	
	timetabled in for these	confidently and able to	
	pupils. (Minibus costs,	perform a range of strokes.	
	staffing, venue		
	hire/swimming teacher		
	costs).		

Analysis of 2017-2018 P.E premium spending

Cost	P.E premium priorities for 2017-2018	Impact	Outcome/success
P.E suite yearly subscription = £237	Pupil achievement and progress: For pupils of all abilities to be fully engaged in P.E and making secure and sustained progress throughout the school.	Children across the school will make good progress across all areas of the P.E curriculum, with those who are gifted and talented, being identified for competitive opportunities to extend their skills and enthusiasm further.	Reports sent home with RAG rating to show ability and effort For indoor P.E Lead Teacher 1 began referring to the Real P.E assessment Cog within her lessons and using a mixture of assessment tools from the P.E suite and Real P.E
			Class teachers trialled an assessment grid in their Games lessons which helped make them more aware of the range of objectives within each area of P.E. This was recorded on an excel spreadsheet and will continued to be developed next year.
Cost:	Teaching and learning, assessment and planning	Pupils should be challenged, supported	Lead Teacher 1 has become more familiar with Real Gym and is focussing more on fundamental



Universal Services (Hall equipment and servicing) = £912.77

General P.E resources = 1527.60

To maintain and improve PE resources and equipment. Review of current planning to ensure progression across the school. Informal observations

Informal observations of teachers to identify areas of strength and weakness across the school and therefore to inform future CPD. To ensure P.E planning is accessible to all teachers, enabling them to confidently deliver a challenging and progressive curriculum - regardless of their own personal sporting ability. Year 3 staff alongside SS (P.E lead), will observe a Real P.E specialist deliver sessions to classes, focussing on

where necessary and fully engaged in lessons.

Pupil feedback about their learning should be positive, with children keen to take part in additional physical activity.

movement skills as well as the cognitive cogs of P.E

Cost:

Golden mile cost through Premier Sport (offered as part of club costs.) Inclusion, engagement and school culture
Continue to promote

fundamental skills to

philosophy of real P.E can be implemented in outdoor Games lessons as well as Gym lessons.

see how the

the golden mile so that all classes and pupils across the school are having their golden mile data logged weekly.

Sports leaders' roles to become more clearly defined and purposeful (with children attending training and being able to lead lunch time activities.) Pupils are regularly engaged in at least 30 minutes of moderate to vigorous daily activity in school (during lessons, as well as break times). This helps to ensure pupils are happy and healthy.

The golden mile has been implemented across the school with class teachers finding time at least once a week for their pupils to see how many laps of the playground they can run in an allotted time. The data is inputted by sports leaders with a winning class and pupil being announced weekly.

Year 5 pupils are involved annually in two weeks of bikeability.



Supply costs: £1548 Dance workshop = £250 Gym training course = £250	Pupils who are not currently involved in an after school club (external or internal to school), will be monitored and encouraged to become more involved in sports. Staff training and support: Following a new structure to Solent's PPA timetable, one of our lead teachers, will deliver indoor P.E lessons across the school. (This has its advantages in ensuring progression is evident in planning/teaching and that assessment judgements are consistent). Outdoor P.E lessons will continue to be taught by class teachers to ensure they do not become deskilled. J. Brooke will attend Real Gym courses to explore how these resources and ideas can strengthen our curriculum. An audit of staff's perceived strengths	Staff should be both confident and competent to lead all relevant areas of their P.E curriculum in order for pupils to make good progress, enthuse about sport and remain, safe, fit and healthy.	In 2017 55% of the year 5 cohort (51 pupils) achieved a level 1 or 2 award in cycling. All members of the P.E leadership team x3 have attended relevant training and feel confident to guide other staff in their delivery of P.E.
	perceived strengths and next steps will be conducted. Staff will then be booked on to relevant courses when they become available.		
Cost: Premier Sport Football cost: £2080	Enrichment opportunities To continue to provide a range of extra- curricular sporting	Pupils of all background and abilities are able to access free sporting clubs where they can develop their skills and interests in a particular	Last year's data for the platinum level Sainsbury's kitemark demonstrated that 28% of pupils originally identified as not regularly engaging in sporting



Caretaker over time to transport and accompany children to a matches and other sports opportunities = Total = £991.75 (Site staff 1 = £11.81 x 60 hours = £708.60 Site staff 2 = £16.18 x 17.5 hours = £283.15)	Clubs and activities, as well as to ensure a high level of pupil participation in, and enthusiasm for, these opportunities. Whole school advocacy and impact To retain at least a gold level Sainsbury's kitemark in recognition of our P.E provision and Solent, with the hope of gaining a platinum award this	The kitemark criteria provides clear, measureable steps to ensure we are delivering a successful P.E entitlement to all our pupils. It also helps to ensure that the wider school community is involved in helping to	activities, regularly attended a club for at least 6 weeks in 2018. This accounted for 18 out of 64 pupils that were identified and targeted. This is an increase of 12% from the previous year where only 16% of pupils who hadn't previously attended a club, began a club in 2016 – 2017. Between 2017-2018 79% of Solent pupils attended a Solent-run after school club – an increase of 4% on the previous year. Solent offered the following free extra curricular clubs last year: Girls' football Boys' football Cricket/rounders Hockey Netball Rock challenge Paid clubs included: Get kinected runs a keep fit and active club for a fee. Premier Sport offered a gym club. Having achieved 4 consecutive Gold kitemark awards, Solent was delighted to earn the Platinum kitemark for the 2017/2018 year.
Overall cost:	year. Health and Wellbeing	achieve it. Pupils should be conducting	We currently have links with the
Change4life training cost and transport/supply cover Golden mile resources	To develop external sporting links with other organisations so that Solent staff can develop their teaching skills and pupils can benefit from opportunities outside of the school day.	a minimum of 30 active minutes within school and 30 active minutes outside of school in order to lead a healthy lifestyle.	following clubs: Havant cricket club, Premier sport, Get Kinected, Pompey in the community, City of Portsmouth hockey club, Bounce Fit.



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Dance off programme = £250

Football tournament fees + affiliation = £95

Autumn term entries = £125

Spring term entries = £175

Summer term entries = £200

Trophies and medals = £95.20

Competitive opportunities

To ensure the skills of the most able and talented pupils are further developed through external competitive opportunities.

To develop competition at an intraschool as well as interschool level (end of unit competitions during the school day, as well as after school competitions). To support and encourage our least active pupils to engage in sporting activities and clubs.

Pupils have a context for their learning and can apply their skills. Pupils become inspired to want to pursue particular sports at a higher level. As a result, pupils are more active and lead fitter and healthier lifestyles. 148 pupils were involved in taking part in at least one of the following competitions:

Boys football
Girls football
Swimming
Rock Challenge
Tag rugby
Tennis
Athletics
Hockey
Netball
Cricket
Rounders

60 pupils across years 4/5 and 6 were given the title of Sports Leader and given training and duties to perform in a leadership capacity. This equates to 16% of the school.

Cost:

Swimming

All pupils should be capable of self-rescue when immersed in water. They should leave primary school being able to swim 25m competently, proficiently and confidently and able to perform a range of strokes.

Curriculum swimming took place in year 4 and year 5 last year with the aim of moving back swimming to the year 3 cohort, as it is thought it will be more beneficial for pupils to learn to swim when in the early years of junior school.

Parental data showed that 80 out of the 93 children in the year 6 cohort left Solent junior school having met the end of KS2 swimming requirements. This equates to 86%

Teachers of year 4 and 5 children who went swimming last year were given a more comprehensive document to record pupils' swimming attainment on, so that in the future we can rely on both parent and teacher judgements to help make our data as accurate as possible.

