

Friday 29th September 2023

PSHE Week

Dear Parents and Carers,

The Solent Schools will be supporting taking part in a PSHE week to support transition between schools and year groups. This will be on the week beginning October 2nd.

The Infant School will be using the book, 'Colour Monster' which focuses on different feelings. We will be thinking about our own feelings and how important it is to talk to someone about them. We will take part in daily learning activities to explore and understand the many feelings we may have - through discussions, creativity and literature.

The Junior School will be focussing around the book 'Choices' by the child's play library. This is all about how making choices big and small can affect our daily life. Discussions around empowering children to make positive choices which are right for them. We will explore individuality and identity so that everyone understands that we are all unique and different.

In addition to this, The Solent Schools will be taking part in 'Hello Yellow' on Tuesday October 10th. All members of Solent will be invited to wear yellow to raise awareness of children and young people's mental health.

Yours sincerely,

Miss Cawthorne and Miss Tobin

PSHE leads